

August Activities

95 N. 300 W. Hurricane 435-635-2089

2-Aug	3-Aug	4-Aug	5-Aug
Billiards 9:30-3:00 Blood Pressure/Sugar 11:00-12:00	Billiards 9:30-3:00 Video Tai Chi 10:00 Hand & Foot Cards after lunch	Billiards 9:30-3:30 Video Sit & Be Fit 10:00	Billiards 9:30-3:00 Video Chair Yoga 10:00 Five County Presentation @ lunch-Open Enrollment
9-Aug	10-Aug	11-Aug	12-Aug
Billiards 9:30-3:00 Blood Pressure/Sugar 11:00-12:00 Bingo after lunch	Billiards 9:30-3:00 Video Tai Chi 10:00 Hand & Foot Cards after lunch	Billiards 9:30-3:30 Video Sit & Be Fit 10:00	Billiards 9:30-3:00 Video Chair Yoga 10:00 Chyrrel & Terry Maupin entertain @ lunch Knitting/Crochet 1:00
16-Aug	17-Aug	18-Aug	19-Aug
Billiards 9:30-3:00 Blood Pressure/Sugar 11:00-12:00	Billiards 9:30-3:00 Video Tai Chi 10:00 Hand & Foot Cards after lunch	Billiards 9:30-3:30 Video Sit & Be Fit 10:00 Dixie Can Do's entertain @ lunch	Billiards 9:30-3:00 Video Chair Yoga 10:00 Chyrrel & Terry Maupin entertain @ lunch
23-Aug	24-Aug	25-Aug	26-Aug
Billiards 9:30-3:00 Blood Pressure/Sugar 11:00-12:00 Bingo after lunch	Billiards 9:30-3:00 Video Tai Chi 10:00 Hand & Foot Cards after lunch	Billiards 9:30-3:30 Video Sit & Be Fit 10:00	Billiards 9:30-3:00 Video Chair Yoga 10:00 Happy Anniversary/Birthday Celebration @ Lunch "Falls Risk" by Summit @ Lunch Knitting/Crochet 1:00
30-Aug	31-Aug		
Billiards 9:30-3:00 Blood Pressure/Sugar 11:00-12:00	Billiards 9:30-3:00 Video Tai Chi 10:00 Hand & Foot Cards after lunch		

Thrift Store is Open Mon-Thurs 11:00 am to 2:30 pm