

# Hurricane Senior Center

## November 2017

Monday	Tuesday	Wednesday	Thursday
<p>A suggested donation of \$3.00 is requested from seniors 60 and older.</p> <p>Milk and bread served with all meals. Salad bar available every day in dining room.</p> <p>Persons under 60 can enjoy a meal for \$7.00.</p>		<p><b>Crispy Baked Chicken</b> <span style="float: right;">1</span>            Macaroni and Cheese            Parmesan Tomatoes            Mixed Green Salad            Texas Bread            Applesauce</p>	<p><b>Beef Enchilada Pie</b> <span style="float: right;">2</span>            Fiesta Rice            Fiesta Vegetable Blend            Tomato Spoon Relish            Seasonal Fruit            Chocolate Chip Cookie            Diet - Vanilla Wafers</p>
<p><b>Chicken &amp; Wild Rice Bake</b> <span style="float: right;">6</span>            Sugar Snap Peas            Cucumber Salad            Texas Bread            Hot Spiced Fruit</p>	<p><b>Potato Crusted Pollock on Bun</b> <span style="float: right;">7</span>            Tater Gems            Whole Kernel Corn            Coleslaw            Pineapple Tidbits</p>	<p><b>Teriyaki Meatballs</b> <span style="float: right;">8</span>            Fried Rice            Sliced Carrots            Asian Coleslaw            Apple Blueberry Crisp            Diet - Hot Sliced Apples</p>	<p><b>Pork Loin w/ Brown Gravy</b> <span style="float: right;">9</span>            Baked Potato w/Sour Cream            Broccoli            Mixed Green Salad            Seasonal Fruit</p>
<p><b>Beef Spaghetti Sauce</b> <span style="float: right;">13</span>            Parslied Spaghetti Noodles            Seasoned Zucchini            Mixed Green Salad            Apple Raisin Compote</p>	<p><b>Roasted Turkey Breast</b> <span style="float: right;">14</span>  <b>Poultry Gravy</b>            Whipped Potatoes            Capri Vegetable Blend            Beet Salad            Seasonal Fruit            Blondie            Diet - Vanilla Wafers</p>	<p><b>Stuffed Bell Peppers</b> <span style="float: right;">15</span>            Whole Kernel Corn            Green Beans            Macaroni Salad            Mandarin Oranges</p>	<p><b>Creamy Paprika Chicken Breast</b> <span style="float: right;">16</span>            Oven Roasted Potatoes            Club Spinach            Corn Salad            Pears</p>
<p><b>Beef Stew</b> <span style="float: right;">20</span>            Cabbage            Mixed Green Salad            Seasonal Fruit            Rocky Road Pudding            Diet - Chocolate Pudding</p>	<p><b><u>Thanksgiving Meal</u></b> <span style="float: right;">21</span>  <b>Sliced Turkey Breast w/Poultry Gravy</b>            Dressing            Green Beans            Mixed Green Salad            Ambrosia Salad            Diet - Fruit Cocktail</p>	<p><b>Glazed Ham</b> <span style="float: right;">22</span>            Sweet Potato Casserole            California Vegetable Blend            Mixed Green Salad            Tropical Fruit</p>	<p style="text-align: center;"><b>Closed for Holiday</b> <span style="float: right;">23</span></p>
<p><b>Country Fried Steak</b> <span style="float: right;">27</span>            Country Gravy            Garlic Whipped Potatoes            Green Beans            Corn Salad            Peaches &amp; Pineapple</p>	<p><b>Baked Tilapia w/Lemon Dill Sauce</b> <span style="float: right;">28</span>            Rice Florentine            Garden Vegetable Blend            Carrot Pineapple Salad            Seasonal Fruit            Strawberry Whip            Diet - Fruited Gelatin</p>	<p><b>Orange Glazed Pork Roast</b> <span style="float: right;">29</span>            Cornbread Dressing            Mixed Vegetables            Coleslaw            Seasonal Fruit</p>	<p><b>Crispy Baked Chicken Sandwich</b> <span style="float: right;">30</span>            Lettuce/Tomato/Onion            Tater Tots            Chuckwagon Corn            Citrus Fruit Cup</p>

*Hurricane Senior Center*  
435-635-2089

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Lunch is Served 11:30 a.m. to 12:30 p.m.  
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Thrift Store is Open Monday - Thursday  
11:30 a.m. to 2:30 p.m.

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*Happy Birthday!*

Is your Birthday in November?  
Clip this coupon and bring to  
Hurricane Senior Center and  
receive 1 free lunch.

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*Welcome!*

Is this your first time here?  
Please use this as a  
"lunch is on us" ticket.