

Enterprise Active Life Center

September 2021

TUESDAY	WEDNESDAY	FRIDAY
<p>A suggested donation of \$3.00 is requested from seniors 60 and older.</p> <p>Persons under 60 can enjoy a meal for \$7.00</p> <p>Milk and Bread served with all meals.</p> <p>Follow Us on Facebook @triocommunitymeals.com</p>	<p>1</p> <p>Beef Chili w/ Beans Baked Potato California Veg Blend Wheat Bread Fresh Seasonal Fruit Milk Margarine Sour Cream Shredded Cheese</p>	<p>3</p> <p>Teriyaki Chicken Breast Japanese Veg Blend Napa Cabbage Jasmine Rice Dinner Roll Ambrosia Salad Milk Margarine</p>
7	8	10
<p>Labor Day Meal</p> <p>Beef Patty on Hamburger Bun Crinkle Cut Fries Fresh Watermelon Milk Ketchup Mustard Lettuce Tom Onion Pickle</p>	<p>Chicken Salad on Croissant Beet Salad Grapes Oatmeal Raisin Cookie Milk Lettuce Tomato Onion Diet - Vanilla Wafers</p>	<p>Glazed Ham Cut Yams Mixed Vegetables Macaroni Salad Dinner Roll Fresh Seasonal Fruit Milk Margarine</p>
14	15	17
<p>Breaded Chkn Cordon Bleu Green Beans Spinach Salad Rice Pilaf Wheat Bread Tropical Fruit Milk Margarine Salad Dressing</p>	<p>Sloppy Joe Tater Tots Coleslaw Wh Wht Hamburger Bun Hot Spiced Fruit Sugar Cookie Milk Ketchup Diet - Vanilla Wafers</p>	<p>Homemade Meatloaf w/ Gravy Mashed Potatoes Parslied Carrots Creamed Peas Dinner Roll Pineapple Tidbits Milk Margarine</p>
21	22	24
<p>BBQ Pork Spinach Greens Coleslaw Macaroni and Cheese Cornbread Strawberry Gelatin w/ Fruit Milk Margarine Diet - Fruited Gelatin</p>	<p>Honey Lime Chicken Breast Cabbage and Carrots Sugar Snap Peas Buttered Rice Dinner Roll Grapes Milk Margarine</p>	<p>Turkey Shepherd's Pie Garden Vegetable Blend Spinach Salad Dinner Roll Hot Spiced Apples Milk Margarine Salad Dressing</p>
28	29	1
<p>Hawaiian Chicken Haystack (White Rice) (Tomatoes and Green Peppers) Cucumber Salad Pineapple Tidbits Milk</p>	<p>Pot Roast w/ Gravy Mixed Vegetables Spinach Salad Mashed Potatoes Wheat Bread Fresh Seasonal Fruit Milk Salad Dressing Margarine</p>	<p>Meatballs w/ Spaghetti Sauce Penne Pasta Parslied Carrots Brussels Sprouts Texas Bread Peach Crisp Milk Diet - Hot Peaches</p>