

ENTERPRISE SENIOR CENTER

SEPTEMBER 2019



TUESDAY	WEDNESDAY	FRIDAY
3	4	6
Meatballs with Spaghetti Sauce Whole Grain Spaghetti Zucchini Mixed Green Salad Garlic Texas Bread Hot Cinnamon Applesauce	Hawaiian Chicken Haystack Broccoli Pineapple Tidbits	Country Fried Steak w/Country Gravy Garlic Whipped Potatoes Green Beans Mixed Green Salad Wheat Roll Seasonal Fruit
10	11	13
Beef Taco Salad Beef Chili w/Beans Shredded Cheese Brown Spanish Rice Tossed Salad Tortilla Chips Seasonal Fruit Strawberry Fruited Gelatin Diet - Fruited Gelatin	Turkey Stew Red Potatoes Carrots with Celery Beet Salad Biscuit Tropical Fruit	Homemade Meatloaf Brown Gravy Garlic Whipped Potatoes Creamed Peas Mixed Green Salad Wheat Roll Seasonal Fruit
17	18	20
Honey Lime Chicken Rice Florentine Fiesta Vegetable Blend Coleslaw Wheat Roll Seasonal Fruit	Sloppy Joe Tater Tots Broccoli Whole Wheat Hamburger Bun Seasonal Fruit	Pulled BBQ Chicken Baked Beans Chuckwagon Corn Macaroni Salad Whole Wheat Hamburger Bun Seasonal Fruit
24	25	27
Potato Crusted Pollock Au Gratin Potatoes California Vegetable Blend Coleslaw Wheat Roll Applesauce	Pork Fried Rice Japanese Vegetable Blend Napa Cabbage Wheat Roll Citrus Fruit Cup	Swiss Steak Garlic Whipped Potatoes Glazed Baby Carrots Mixed Green Salad Bread Pudding Seasonal Fruit

A suggested donation of \$3.00 is requested from seniors 60 and older.
Persons under 60 can enjoy a meal for \$7.00.
Milk and bread served with all meals.