



# Enterprise Senior Center October 2018



Tuesday	Wednesday	Friday
<b>2</b> Cacciatore Chicken Breast Penne Pasta Italian Vegetable Blend Mixed Green Salad Texas Bread Hot Spiced Pears	<b>3</b> Meatballs w/Sweet & Sour Sauce Fried Rice Sugar Snap Peas Mixed Green Salad Wheat Roll Mandarin Oranges	<b>5</b> Roast Beef with Gravy Mashed Potatoes Brussels Sprouts Mixed Green Salad Dinner Roll Seasonal Fruit
<b>9</b> Salisbury Steak with Mushroom Gravy Brown Rice Green Beans Glazed Carrots Wheat Roll Seasonal Fruit	<b>10</b> Roasted Turkey Breast with Gravy Mashed Potatoes Broccoli and Cauliflower Three Bean Salad Texas Bread Tropical Fruit	<b>12</b> Chicken Breast w/Alfredo Sauce Fettuccini Noodles Zucchini and Tomatoes Mixed Green Salad Breadstick Apple Crisp Diet - Hot Peaches
<b>16</b> BBQ Pork Baked Beans Coleslaw Hamburger Bun Peach Crisp	<b>17</b> Corned Beef Cabbage Sliced Carrots Roasted Red Potatoes Rye Bread Applesauce	<b>19</b> Homemade Meatloaf with Gravy Mashed Potatoes Parslied Carrots Mixed Green Salad Wheat Roll Citrus Fruit Cup
<b>23</b> Swedish Meatballs Egg Noodles California Vegetable Blend Mixed Green Salad Dinner Roll Peaches	<b>24</b> Glazed Ham Sweet Potato Casserole Cabbage Mixed Green Salad Cornbread Seasonal Fruit Chocolate Chip Cookie Diet - Vanilla Wafers	<b>26</b> Beef Spaghetti Sauce over Spaghetti Noodles Green Beans Mixed Green Salad Garlic Texas Bread Apple Raisin Compote
<b>30</b> Crispy Baked Chicken Macaroni and Cheese Mixed Vegetables Beet Salad Wheat Roll Apricot Halves	<b>31</b> <u><b>Halloween Menu</b></u> Bratwurst Sauerkraut Baked Beans Whole Kernel Corn Seasonal Fruit Oatmeal Raisin Cookie Diet - Vanilla Wafers	<p><i>A suggested donation of \$3.00 is requested from seniors 60 and older. Persons under 60 can enjoy a meal for \$7.00.</i></p> <p><b>Milk and bread served with all meals.</b></p>