

ENTERPRISE SENIOR CENTER

October 2020



Tuesday		Wednesday		Thursday		Friday	
<p>A suggested donation of \$3.00 is requested from seniors 60 and older. Persons under 60 can enjoy a meal for \$7.00 Milk and Bread served with all meals.</p> <p>Follow Us on Facebook @triocommunitymeals.com</p>						<p>1</p> <p>2</p> <p>Swiss Steak Au Gratin Potatoes California Vegetables Mixed Green Salad Seasonal Fruit Milk Margarine Ranch Dressing</p>	
		6		7		8	
<p>Cacciatore Chicken Penne Pasta Italian Vegetables Mixed Green Salad Texas Bread Hot Spiced Pears Milk Margarine Ranch Salad Dressing</p>		<p>Teriyaki Meatballs Fried Rice Japanese Vegetables Mixed Green Salad Dinner Roll Mandarin Oranges Milk Margarine Ranch Salad Dressing</p>				<p>Baked Chicken with Creamy Paprika Sauce Mashed Potatoes Brussels Sprouts Mixed Green Salad Dinner Roll Seasonal Fruit Milk Margarine Ranch Salad Dressing</p>	
13		14		15		16	
<p>Salisbury Steak with Brown Gravy Brown Rice Green Peas Glazed Carrots Dinner Roll Seasonal Fruit Milk Margarine</p>		<p>Sliced Ham Mashed Spiced Yams Winter Vegetables Beet Salad Wheat Bread Tropical Fruit Cocktail Milk Margarine</p>				<p>Alfredo Chicken Fettuccini Noodles Garden Vegetables Mixed Green Salad Garlic Texas Toast Apple Crisp Milk Margarine Ranch Salad Dressing Diet - Hot Peaches</p>	
20		21		22		23	
<p>Cilantro Lime Chicken Spanish Rice Black Beans Tortilla Peaches Milk</p>		<p>Creole Beef Buttermilk Potatoes Mixed Vegetables Texas Bread Tropical Fruit Milk Margarine</p>				<p>Homemade Meatloaf with Brown Gravy Mashed Potatoes Parslied Carrots Mixed Green Salad Dinner Roll Citrus Fruit Cup Milk Margarine Ranch Salad Dressing</p>	
27		28		29		30	
<p>Swedish Meatballs Egg Noodles California Vegetables Mixed Green Salad Dinner Roll Tropical Fruit Milk Margarine Ranch Salad Dressing</p>		<p>Glazed Ham Baked Sweet Potato Garden Vegetables Mixed Green Salad Cornbread Seasonal Fruit Baked Cookie Milk Margarine Ranch Salad Dressing Diet - Vanilla Wafers</p>				<p>Halloween Meal BBQ Pork Baked Beans Coleslaw Hamburger Bun Pineapple Tidbits Baked Cookie Milk Diet - Vanilla Wafers</p>	