Enterprise Active Life Center October 2022

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4		6	
Chicken Parmesan	Turkey Chili		BBQ Pork Rib Patty
Farfalle Pasta	w/ Shredded Cheese		Hamburger Bun
Texas Bread	Cornbread		Mixed Vegetables
Green Peas	Baked Potato		Coleslaw
Garden Vegetable Blend	Brussels Sprouts		Tropical Fruit
Cinnamon Applesauce	Seasonal Fruit		Milk
Chocolate Chip Cookie	Milk		
Diet - Sugar Free Cookie	Sour Cream		,
Milk			pp.
Margarine	11:35		
11	12	13	14
Salisbury Steak w/ Gravy	Chicken w/ Cranberry Orange Sauce		Glazed Ham
Dinner Roll	Brown Rice		Wheat Bread
Au Gratin Potatoes	Garlic Texas Bread		Hashbrown Casserole
Green Peas	3-Way Mixed Vegetables		Garden Vegetable Blend
Cucumber Salad	Spinach Salad		Carrot Raisin Salad
Seasonal Fruit	Seasonal Fruit		Applesauce
Milk	Milk		Milk
Margarine	Ranch Salad Dressing		Margarine
18		20	21
Chicken Alfredo	NEW - Hot Turkey Aoili Sandwich		Cheeseburger
over Rotini Pasta	on Wheat Bread (2)		on Hamburger Bun
Wheat Bread	Green Beans & Onions		Potato Wedges
California Vegetable Blend	Beet Salad		Coleslaw
Cucumber Salad	Fresh Seasonal Fruit		Hot Spiced Apples
Seasonal Fruit	Milk		Milk
Milk			Ketchup
Margarine			Mustard
25		27	28
Swedish Meatballs	Hawaiian Chicken Haystack		Halloween Meal
over Penne Pasta	(White Rice in Entrée)		BBQ Pork Sandwich
Dinner Roll	Wheat Bread		on Hamburger Bun
Corn	Broccoli		Baked Beans
Green Peas	Asian Coleslaw		Coleslaw
Seasonal Fruit	(Pineapple Tidbits in Entrée)		Seasonal Fruit
Milk	Milk		Sugar Cookie
Margarine	Margarine		Diet - Sugar Free Cookie
			Milk

A suggested donation of \$3.00 is requested from seniors 60 and older.

Persons under 60 can enjoy a meal for \$7.00

Menu subject to change based on availability.