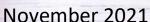
Enterprise Active Life Center



Margarine

November 2021			
TUESDAY	WEDNESDAY	FRIDAY	
2	2 3		
Beef & Turkey Lasagna Bake Italian Veg Blend Fresh Spinach Salad Garlic Texas Bread Cinnamon Applesauce Milk Salad Dressing	Turkey Pot Pie with Biscuit Top Whole Kernel Corn Brussels Sprouts Buttered Rice Tropical Fruit Milk Margarine	Country Fried Steak with Sliced Carrots Green Peas Mashed Potatoes Dinner Roll Fluffy Fruit Salad Milk Margarine	S
		Diet - Mixed Fruit	t
		Birthday Cake	
			1
Chicken Parmesan Italian Veg Blend Garden Veg Blend	Minestrone Sausage Soup Fresh Spinach Salad Broccoli	BBQ Pork Rib Patt Mixed Vegetables Coleslaw	=
Penne Pasta	Dinner Roll	Potato Wedges	
Texas Bread	Ambrosia Fruit Salad	Whole Wheat Hamburg	ger Bun
Citrus Fruit Cup	Milk	Tropical Fruit	
Milk	Margarine	Milk	
Margarine	Salad Dressing		
16			
Salisbury Steak with Gravy	Potato Crstd Pollock w/ Dill Sauce	Glazed Ham	
Green Peas	California Veg Blend	Garden Veg Blend	
Glazed Baby Carrots	Cucumber Salad	Mixed Green Sala	d
Brown Rice	Buttered Rice	Cut Yams	
Dinner Roll	Wheat Bread	Texas Bread	
Seasonal Fruit	Red Grapes	Applesauce	
Milk	Milk	Milk Margarine	
Margarine	Margarine Chocolate Chip Cookie	Salad Dressing	
	Diet - Vanilla Wafers	Salau Diessing	
23			
2.	Thanksgiving Meal		
Cheese Ravioli Italian Veg Blend Fresh Spinach Salad Garlic Texas Bread Seasonal Fruit Milk Parmesan Cheese	Sliced Turkey Breast with Gravy Cranberry Sauce Candied Yams Green Beans Stuffing & Mashed Potatoes Dinner Roll Pumpkin Pie w/ Whipped Topping	CLOSED Thanksgiving Weeke	end
Salad Dressing	Milk Margarine		
30			
Swedish Meatballs	A suggested donation of \$3.00 is requested from seniors 60 and older.		
California Veg Blend Green Peas	Persons under 60 can enjoy a meal for \$7.00		
Penne Pasta Dinner Roll	Milk and Bread served with all meals.		
Seasonal Fruit Milk	Fol	low Us on Facebook @triocommunitymeals	

