

# Enterprise Active Life Center

November 2021



TUESDAY	WEDNESDAY	FRIDAY
<b>2</b>	<b>3</b>	<b>5</b>
Beef & Turkey Lasagna Bake Italian Veg Blend Fresh Spinach Salad Garlic Texas Bread Cinnamon Applesauce Milk Salad Dressing	Turkey Pot Pie with Biscuit Top Whole Kernel Corn Brussels Sprouts Buttered Rice Tropical Fruit Milk Margarine	Country Fried Steak with Gravy Sliced Carrots Green Peas Mashed Potatoes Dinner Roll Fluffy Fruit Salad Milk Margarine Diet - Mixed Fruit Birthday Cake
<b>9</b>	<b>10</b>	<b>12</b>
Chicken Parmesan Italian Veg Blend Garden Veg Blend Penne Pasta Texas Bread Citrus Fruit Cup Milk Margarine	Minestrone Sausage Soup Fresh Spinach Salad Broccoli Dinner Roll Ambrosia Fruit Salad Milk Margarine Salad Dressing	BBQ Pork Rib Patty Mixed Vegetables Coleslaw Potato Wedges Whole Wheat Hamburger Bun Tropical Fruit Milk
<b>16</b>	<b>17</b>	<b>19</b>
Salisbury Steak with Gravy Green Peas Glazed Baby Carrots Brown Rice Dinner Roll Seasonal Fruit Milk Margarine	Potato Crstd Pollock w/ Dill Sauce California Veg Blend Cucumber Salad Buttered Rice Wheat Bread Red Grapes Milk Margarine Chocolate Chip Cookie Diet - Vanilla Wafers	Glazed Ham Garden Veg Blend Mixed Green Salad Cut Yams Texas Bread Applesauce Milk Margarine Salad Dressing
<b>23</b>	<b>24</b>	<b>26</b>
Cheese Ravioli Italian Veg Blend Fresh Spinach Salad Garlic Texas Bread Seasonal Fruit Milk Parmesan Cheese Salad Dressing	<p style="text-align: center;"><b>Thanksgiving Meal</b></p> Sliced Turkey Breast with Gravy Cranberry Sauce Candied Yams Green Beans Stuffing & Mashed Potatoes Dinner Roll Pumpkin Pie w/ Whipped Topping Milk Margarine	<p><b>CLOSED</b></p> <p><i>Thanksgiving Weekend</i></p>
<b>30</b>		
Swedish Meatballs California Veg Blend Green Peas Penne Pasta Dinner Roll Seasonal Fruit Milk Margarine	A suggested donation of \$3.00 is requested from seniors 60 and older.  Persons under 60 can enjoy a meal for \$7.00  Milk and Bread served with all meals.  Follow Us on Facebook @triocommunitymeals	