

# Enterprise Active Life Center

November 2022



TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4
Beef Stroganoff over Mashed Potatoes Garlic Texas Bread California Vegetable Blend Spinach Salad Cinnamon Applesauce Milk Ranch Salad Dressing	Turkey Pot Pie over Biscuit Whole Kernel Corn Broccoli Fluffy Fruit Salad <i>Diet - Mixed Fruit</i> Milk		Meatballs w/ Spaghetti Sauce Penne Pasta (HDM) or Spaghetti (Cong) Dinner Roll Sliced Carrots Green Peas Seasonal Fruit Milk Margarine Parmesan Cheese
8	9	10	11
Chicken Parmesan Farfalle Pasta Texas Bread Green Peas Garden Vegetable Blend Cinnamon Applesauce Chocolate Chip Cookie <i>Diet - Sugar Free Cookie</i> Milk Margarine	Turkey Chili w/ Shredded Cheese Cornbread Baked Potato Brussels Sprouts Seasonal Fruit Milk Sour Cream		<b>CLOSED</b> Veteran's Day
15	16	17	18
Salisbury Steak w/ Gravy Dinner Roll Au Gratin Potatoes Green Peas Cucumber Salad Seasonal Fruit Milk Margarine	Chicken w/ Cranberry Orange Sauce Brown Rice Garlic Texas Bread 3-Way Mixed Vegetables Spinach Salad Seasonal Fruit Milk Ranch Salad Dressing		Glazed Ham Wheat Bread Hashbrown Casserole Garden Vegetable Blend Carrot Raisin Salad Applesauce Milk Margarine
22	23	24	25
<b>Thanksgiving Meal</b> Sliced Turkey Breast w/ Gravy Cranberry Sauce Dinner Roll Stuffing & Mashed Potatoes Green Beans Glazed Baby Carrots Milk Margarine Whipped Topping for Pie	<b>NEW</b> - Hot Turkey Aoili Sandwich on Wheat Bread (2) Green Beans & Onions Beet Salad Fresh Seasonal Fruit Milk	<b>CLOSED</b> Thanksgiving Day	<b>CLOSED</b> Thanksgiving Weekend
29	30		
Swedish Meatballs over Penne Pasta Dinner Roll Corn Green Peas Seasonal Fruit Milk Margarine	Hawaiian Chicken Haystack (White Rice in Entrée) Wheat Bread Broccoli Asian Coleslaw (Pineapple Tidbits in Entrée) Milk Margarine	A suggested donation of \$3.00 is requested from seniors 60 and older.  Persons under 60 can enjoy a meal for \$7.00  Menu subject to change based on availability.  Follow Us on Facebook @triocommunitymeals	