



Enterprise Active Life Center

July 2022

TUESDAY	WEDNESDAY	FRIDAY
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A suggested donation of \$3.00 is requested from seniors 60 and older.

Persons under 60 can enjoy a meal for \$7.00

Menu subject to change based on availability.

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1
 Minestrone Soup w/ Sausage
 Baked Potato Half
 (Mixed Vegetables in Entrée)
 Mixed Green Salad
 Dinner Roll
 Tropical Fruit
 Milk
 Margarine & Sour Cream
 Ranch Salad Dressing

5	6	8
<i>Independence Day Meal</i> BBQ Chicken Sandwich Hamburger Bun Whole Kernel Corn Coleslaw Seasonal Fruit Cherry Cake Milk Lettuce & Tomato	Sloppy Joe Sandwich Hamburger Bun French Fries Carrot Raisin Salad Hot Spiced Apples Sugar Cookie <i>Diet - Vanilla Wafers</i> Milk Ketchup	Swiss Steak over Egg Noodles Wheat Bread California Vegetable Blend Whole Kernel Corn Seasonal Fruit Milk Margarine
12	13	15
Cheeseburger Hamburger Bun Lettuce/Tomato/Onion/Pickles Potato Wedges Pineapple Milk Ketchup Mustard	Fish Vera Cruz Whole Wheat Tortilla Spanish Rice Black Beans Coleslaw Applesauce Milk	Chicken Fried Rice (Rice in Entrée) Wheat Bread Broccoli Cabbage & Carrots Seasonal Fruit Fortune Cookie Milk Margarine
19	20	22
Pork with Lemon Caper Sauce Brown Rice Dinner Roll Whole Kernel Corn Spinach Salad Seasonal Fruit Milk Margarine Ranch Salad Dressing	Beef & Turkey Chili with Beans Wheat Bread Baked Potato Half California Vegetable Blend Tropical Fruit Milk Margarine Sour Cream Shredded Cheese	<i>Pioneer Day Meal</i> Chili Cheese Dog Hot Dog Bun French Fries Coleslaw Seasonal Fruit Chocolate Chip Cookie <i>Diet - Vanilla Wafers</i> Milk Ketchup
26	27	29
BBQ Rib Patty Hamburger Bun Broccoli Potato Salad Fruited Gelatin <i>Diet - Sugar-Free Fruited Gelatin</i> Milk	Honey Lime Chicken Buttered Rice Wheat Bread Brussels Sprouts Cabbage & Carrots Tropical Fruit Milk Margarine	Bratwurst Hot Dog Bun Sauerkraut Baked Beans Seasonal Fruit Milk Ketchup Mustard