



# ENTERPRISE SENIOR CENTER

## JULY 2019

TUESDAY	WEDNESDAY	FRIDAY
<b>2</b>	<b>3</b>	<b>5</b>
Turkey Stew Red Potatoes Carrots with Celery Beet Salad Biscuit Tropical Fruit	<b>INDEPENDENCE DAY MEAL</b> Beef Patty Lettuce, Tomato, and Onion Pickle Spear Crinkle Cut Fries Whole Wheat Hamburger Bun Peach Crisp Diet - Hot Spiced Peaches	Homemade Meatloaf Brown Gravy Garlic Whipped Potatoes Creamed Peas Mixed Green Salad Wheat Roll Seasonal Fruit
<b>9</b>	<b>10</b>	<b>12</b>
Honey Lime Chicken Rice Florentine Fiesta Vegetable Blend Coleslaw Wheat Roll Seasonal Fruit	Sloppy Joe Tater Tots Broccoli Whole Wheat Hamburger Bun Seasonal Fruit	Pulled BBQ Chicken Baked Beans Chuckwagon Corn Macaroni Salad Whole Wheat Hamburger Bun Seasonal Fruit
<b>16</b>	<b>17</b>	<b>19</b>
Potato Crusted Pollock Au Gratin Potatoes California Vegetable Blend Coleslaw Wheat Roll Applesauce	Pork Fried Rice Japanese Vegetable Blend Napa Cabbage Wheat Roll Citrus Fruit Cup	Swiss Steak Garlic Whipped Potatoes Glazed Baby Carrots Mixed Green Salad Bread Pudding Seasonal Fruit
<b>23</b>	<b>24</b>	<b>26</b>
<b>PIONEER DAY MEAL</b> Bratwurst Sauerkraut and Apples Potato Salad Whole Wheat Hot Dog Bun Seasonal Fruit Sugar Cookie Diet - Vanilla Wafers	<b>Closed for            Pioneer Day</b>	Glazed Ham Maple Roasted Sweet Potatoes Garden Vegetable Blend Mixed Green Salad Wheat Roll Seasonal Fruit
<b>30</b>	<b>31</b>	
Meatballs with Spaghetti Sauce Whole Grain Spaghetti Zucchini Mixed Green Salad Garlic Texas Bread Hot Cinnamon Applesauce	Hawaiian Chicken Haystack Broccoli Pineapple Tidbits	A suggested donation of \$3.00 is requested from seniors 60 and older.  Persons under 60 can enjoy a meal for \$7.00  Milk and bread served with all meals.