

ENTERPRISE SENIOR CENTER

February 2021



TRIO Community Meals
an etor company

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5
Hawaiian Chicken Haystack White Rice Peas & Carrots Chow Mein Noodles Japanese Vegetables Pineapple Tidbits Milk	Beef Taco Soup Whole Kernel Corn Mixed Green Salad Tortilla Chips Seasonal Fruit Milk Salad Dressing		Shepherd's Pie Mixed Green Salad Dinner Roll Hot Spiced Fruit Milk Margarine Salad Dressing
9	10	11	12
Salisbury Steak with Onion Gravy Buttered Rice Stewed Tomatoes Green Peas Dinner Roll Peaches Milk Margarine	Sliced Turkey with Gravy Maple Roasted Sweet Potatoes Green Beans Mixed Green Salad Texas Bread Seasonal Fruit Milk Margarine Salad Dressing		Valentine's Day Meal Roast Beef with Gravy Mashed Potatoes Sliced Carrots Mixed Green Salad Dinner Roll Baked Cookie Milk Margarine Salad Dressing Diet - Vanilla Wafers
16	17	18	19
Smoked Turkey and Potato Soup Half Ham and Cheese Sandwich Lettuce and Tomato Cucumber Salad Tropical Fruit Cocktail Milk Mustard	Beef Lasagna Italian Vegetables Mixed Green Salad Texas Bread Pears Milk Margarine Salad Dressing		Chicken Pot Pie Club Spinach Biscuit Mandarin Oranges Milk Margarine
23	24	25	26
Hamburger Patty Lettuce Tomato Onion Pickle Tater Tots Hamburger Bun Hot Cinnamon Applesauce Milk Ketchup Mustard	Parmesan Chicken Penne Pasta Garden Vegetables Cucumber Salad Texas Bread Seasonal Fruit Milk Margarine		Cheese Enchiladas Enchilada Sauce Spanish Rice Black Beans Mixed Green Salad Seasonal Fruit Milk Salad Dressing

A suggested donation of \$3.00 is requested from seniors 60 and older.

Persons under 60 can enjoy a meal for \$7.00.

Milk and bread served with all meals.

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