



Enterprise Senior Center Newsletter

April 2020 Issue



165 S 100 E Enterprise UT 84725 - 435-878-2557

Center Hours: Tuesday, Wednesday, Friday

9am—3pm

Lunch served 12:00 pm—1:00 pm

Visit our website: coa.washco.utah.gov/enterprise/

The Enterprise Senior Center is Temporarily Closed

The COVID-19 virus has brought us a new set of problems, hurdles, and challenges that we must deal with. After much thoughtful discussion and consideration of our desire to be proactive in protecting our clients' well-being, the Enterprise Senior Center is closed until further notice. Please look for updates on our status on our website: coa.washco.utah.gov/enterprise/

Limited staff will be available at the center to run critical programs. The Meals-on-Wheels program will continue to run as usual in order to deliver the vital meals to our clients that need this service.

We have instituted a process to ensure our seniors can still get a meal. **We have a service where you can drive up to the center and pick up a frozen meal.** Please spread the word to any seniors that may need a meal. Please call in advance if possible to order a meal 435-878-2557. Meals can be picked up **between 12:00 and 1:00 Tues, Wed and Friday**, by driving your car to the side door and honking. Our staff will bring the meal to your car.

We urge you to place high emphasis on personal cleanliness: washing hands with soap for a minimum of 20 seconds and using hand sanitizer when washing is not available, extra sanitizing of your home and vehicles with anti-bacterial wipes and sprays.

Thank you for your adaptability during this critical time. Stay safe and well!

April 2020

Tue	Wed	Thu	Fri
	1 	2 Read a book to a child over the phone 	3 Take a walk outside 
7 No Housework Day 	8 Draw a picture of a bird 	9	10 
14 Read a joke today 	15 Taxes are delayed until July 15!! 	16 Stress Awareness Day 	17 Read some Poetry 
21 Take a walk outside 	22 Earth Day 	23	24 Arbor Day 
28 Check on a neighbor 	29 Look for the GOOD 	30 	

April 2020 Menu

Tuesday	Wednesday	Friday
	1 Beef Taco Soup Baked Potato Mixed Green Salad Tortilla Chips	3 Shepherd's Pie Mixed Green Salad Dinner Roll Hot Spiced Fruit
7 BBQ Pork Baked Beans Coleslaw Hamburger Bun Hot Cinnamon Applesauce	8 Crispy Baked Chicken Au Gratin Potatoes Green Beans Mixed Green Salad Wheat Roll Seasonal Fruit	10 <i>Easter Meal</i> Glazed Ham Green Beans Au Gratin Potatoes Carrot Raisin Salad Wheat Roll Frosted Coconut Cake Diet - Vanilla Wafers
14 Potato Crusted Fish Tater Tot Green Pea Salad Wheat Roll Pears	15 Meatballs w/Cranberry Sauce Brown Rice Cabbage Carrots Wheat Roll Mandarin Oranges	17 Parmesan Chicken Penne Pasta Capri Vegetables Spinach Salad Breadstick Seasonal Fruit
21 Country Fried Steak Country Gravy Whipped Potatoes Stewed Tomatoes Coleslaw Texas Bread Mixed Fruit	22 Glazed Ham Yams Garden Vegetable Blend Mixed Green Salad Wheat Roll Seasonal Fruit	24 Tater Tot Casserole Parslied Carrots Mixed Green Salad Garlic Bread Peach Crisp Diet - Hot Peaches
28 Creamy Paprika Chicken Scalloped Potatoes Key Largo Vegetables Mixed Green Salad Wheat Roll Seasonal Fruit	29 Lemon Pepper Tilapia Buttered Rice Capri Vegetables Cucumber Tomato Salad Texas Bread Seasonal Fruit	A suggested donation of \$3.00 is requested from seniors 60 and older. Persons under 60 can enjoy a meal for \$7.00 Milk and Bread served with all meals. Follow Us on Facebook @triocommunitymeals.com

Mind Full, or Mindful?





April Birthdays:



Ann Bushar
 Star Merkle
 Jeri Lehm
 Ruth Potter

Apr 3
 Apr 6
 Apr 9
 Apr 9

David Hanks
 Mike Hardman
 Marlene Bollinger

Apr 20
 Apr 25
 Apr 26