## **Enterprise Senior Center February 2019**

Tuesday	Wednesday		Friday	
A suggested donation of \$3.00 is requested from seniors 60 and older.  Persons under 60 can enjoy a meal for \$7.00.  Milk and bread served with all meals.		Country Fried Steak Country Gravy Country Potatoes Mixed Vegetables Mixed Green Salad Wheat Roll Seasonal Fruit	1	
Beef Patty Lettuce/Tomato/Onion/Pickle Tater Tots Hamburger Bun Apple Cherry Compote Diet - Hot Sliced Apples	Cuban Shredded Pork Brown Rice Broccoli and Cauliflower Mixed Green Salad Wheat Roll Brownie Seasonal Fruit Diet - Vanilla Crème Cookies	6	Beef Shepard's Pie Mixed Green Salad Cornbread Hot Spiced Fruit	8
Roasted Turkey Breast Poultry Gravy Maple Roasted Sweet Potatoes Green Beans Mixed Green Salad Wheat Roll Grapes	Valentine's Day Meal Roast Beef with Gravy Garlic Country Potatoes Mixed Vegetables Mixed Green Salad Wheat Roll Seasonal Fruit Cookie Diet - Vanilla Crème Cookies	13	Pulled BBQ Chicken Baked Beans Potato Salad Hamburger Bun Apple Raisin Compote Diet - Hot Sliced Apples	15
Mild Pork Carnitas  Cauliflower with Red Peppers  Refried Beans  Mexican Corn Salad  Tortilla  Applesauce	Beef Lasagna Italian Vegetable Blend Mixed Green Salad Garlic Texas Bread Pears	20	Crustless Chicken Pot Pie Club Spinach Biscuit Apricot Halves	22
Beef Spaghetti Sauce Spaghetti Noodles Zucchini Mixed Green Salad Breadstick Fresh Apple Slices	Potato Crusted Pollock Crinkle Cut Fries Key Largo Vegetables Coleslaw Wheat Roll Pineapple Tidbits	27		